

MODERN HEALTH & BEAUTY

INNER HEALTH

We are witnessing a revolution in healthcare. Like all revolutions, this moment in medicine is marked by transformative change. Today, we have more exact tools to monitor health and detect potential disease. Precision medicine looks at the patient's individual genetics to target disease at the cellular level. Instead of simply treating problems, we can now take preventative measures. The physicians leading this movement are proactive not reactive.

Americans are living longer than ever, so quality-of-life concerns are increasingly significant. Dr. Maryann Prewitt's mission is to guide her patients—at each life stage—through her modern aging strategies. As a functional medicine physician, Dr. Prewitt tailors her treatments to the individual patient. She encourages her patients to take fewer medications and incorporate greater movement into their lives. Longevity is the ultimate goal.

Dr. Prewitt takes a comprehensive approach to health and wellness. The executive physicals at HealthWellnessMD represent the cornerstone of her practice. Designed for busy professionals, these intensive assessments ideally begin at thirty and are followed-up by age-specific protocols every five years. In addition to standard measures, she looks at thyroid function, comprehensive metabolic panels, micronutrient testing, hormone levels, and your sexual health. Instead of passively waiting for symptoms of disease or cancer, Dr. Prewitt provides the tools to actively prevent and fight these outcomes before they take hold.

Conventional medicine can only do so much. Functional medicine—combined with advanced medical spa technologies—addresses all facets of longevity: prevention, physical appearance, emotional wellbeing, and sexual wellness. When you're firing on all cylinders, you're more confident at work, home, and play.



Dr. Maryann Prewitt, Founder HealthWellnessMD