



DR. MARYANN PREWITT

## HEALTH AND WELLNESS HEAD TO TOE

HealthWellnessMD guides patients to their optimal health, with state-of-the-art technology and personalized care.

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Everyone wants to look and feel their best, but the path to health and happiness is different for each individual. Designing a treatment plan that meets your unique needs is what the team at HealthWellnessMD is all about. Dr. Maryann Prewitt takes a holistic approach to patient care, combining traditional and functional medicine to help patients achieve optimal health.

From the minute a new patient walks in the door, the welcoming staff puts them at ease. During the one-on-one consultation, Dr. Prewitt takes the time to answer their questions, educate them about treatment options, and empower them to take ownership of their health. Her compassion, professionalism, and expertise drive the countless referrals she receives from satisfied patients who benefit from her care.

Treatment options at HealthWellnessMD include nutritional counseling, bio-identical hormone therapy for women and men, as well as fitness coaching,

all of which can improve longevity and quality of life. "Conventional medicine takes a symptom and gives you a medication to fix it. In functional medicine, we don't do that," explains Dr. Prewitt. "We customize a program to fix any of your deficiencies and optimize your thyroid." As a result, patients find that they lose weight more easily and have increased energy and stamina.

HealthWellnessMD also offers specialized care, including age management to optimize your health at any age, executive health services for the busy professional, and treatments to promote sexual wellness. A hallmark of the clinic are the revolutionary treatments offered through skinFIT MedSpa, an in-house medical spa where Dr. Prewitt and highly skilled aestheticians perform advanced laser therapies and what the staff refers to in the broad sense as "laser medicine." Thanks to new breakthroughs in technology, patients enjoy better results with minimal discomfort and less downtime. From body sculpting to CO2 laser skin resurfacing and non-surgical facelifts, Dr. Prewitt and her team use a variety of leading-edge modalities to help patients look and feel healthy and confident.

Because sexual wellness is an important component of overall health, HealthWellnessMD provides services for both men and women to improve intimacy and sexual performance. Dr. Prewitt has helped countless women overcome challenges through innovative treatments, including labiaplasty, laser vaginal rejuvenation, and InTone® for urinary incontinence. She also is the exclusive provider in the Dallas Metroplex of the GAINSWave™ system, which uses acoustic sound wave technology to treat male sexual dysfunction.

"To be a happy and well person, you have to be successful at work, you have to have fantastic intimacy, and you have to surround yourself with people who celebrate you," says Dr. Prewitt. She adds, "You've only got one tour on planet earth—you've got to make every minute count." By taking a 360-degree view of health and wellness, including sexual wellness, Dr. Prewitt and her staff are doing their part to help patients live more fulfilling, happier lives.