

MODERN HEALTH & BEAUTY

INNER HEALTH

We are witnessing a revolution in healthcare. Like all revolutions, this moment in medicine is marked by transformative change. Today, we have more exact tools to monitor health and detect potential disease. Precision medicine looks at the patient's individual genetics to target disease at the cellular level. Instead of simply treating problems, we can now take preventative measures. The physicians leading this movement are proactive not reactive.

Americans are living longer than ever, so quality-of-life concerns are increasingly significant. Dr. Maryann Prewitt's mission is to guide her patients—at each life stage—through her modern aging strategies. As a functional medicine physician, Dr. Prewitt tailors her treatments to the individual patient. She encourages her patients to take fewer medications and incorporate greater movement into their lives. Longevity is the ultimate goal.

Dr. Prewitt takes a comprehensive approach to health and wellness. The executive physicals at HealthWellnessMD represent the cornerstone of her practice. Designed for busy professionals, these intensive assessments ideally begin at thirty and are followed-up by age-specific protocols every five years. In addition to standard measures, she looks at thyroid function, comprehensive metabolic panels, micronutrient testing, hormone levels, and your sexual health. Instead of passively waiting for symptoms of disease or cancer, Dr. Prewitt provides the tools to actively prevent and fight these outcomes before they take hold.

Conventional medicine can only do so much. Functional medicine—combined with advanced medical spa technologies—addresses all facets of longevity: prevention, physical appearance, emotional wellbeing, and sexual wellness. When you're firing on all cylinders, you're more confident at work, home, and play.



Dr. Maryann Prewitt, Founder HealthWellnessMD

WITH DR. MARYANN PREWITT



India Jeffery, Suzi Bartek, Dr. Maryann Prewitt, Mancy Kirkland

OUTER BEAUTY

Our patients want to look as good as they feel. Dr. Maryann Prewitt knows that modern aging requires the most advanced tools. At skinFIT MedSpa, we employ all of them. We now have skincare science that can deter genetic predispositions, damage from the sun, and environmental toxins. We can treat our skin from the inside out by balancing our hormones and through nutrition. For those who prefer a more natural approach to aesthetics, Dr. Prewitt utilizes energy-based medicine. With laser technology, we can combat the external signs of aging naturally—through the power of light and sound.

Dr. Prewitt has long said that the “laser will replace the knife.” Her prediction has come true. Lasers are revolutionizing the field of medical aesthetics, making much plastic surgery a thing of the past. Dr. Prewitt has handpicked and personally trained our aestheticians on her unique protocols, yielding the most talented

team in town. Our patients love our team because we provide comprehensive solutions tailored to their individual wants and needs. Plus, we get results.

Why leave your appearance up to chance? Dr. Prewitt believes in aging proactively.

MOST SOUGHT-AFTER MEDICAL SPA SERVICES:

- GAINSWave for male sexual enhancement
- FemiLift for vaginal rejuvenation
- Laser labiaplasty for cosmetic revision
- SculpSure for permanent fat reduction
- Skin tightening to treat loose skin
- CO2 laser skin resurfacing
- Laser cellulite reduction to smooth skin
- Non-surgical neck lift