

SPECIAL PROMOTION

# EXPLORE KNOX HENDERSON



## Trammell Crow Residential

Unwind, exhale and loosen up your life. Discover a relaxing urban retreat in Dallas when you make your home at Alexan Henderson. Live in the walkable Knox-Henderson neighborhood, just two blocks from the action – without the hustle of the city's fast pace. Reserve your new, luxury retreat today! **1945 Bennett Avenue, 214.256.4657, alexanhenderson.com**

## Abacus Restaurant

To celebrate its 18th anniversary, and after almost a decade in the kitchen at Abacus Restaurant, James Beard Foundation recognized Executive Chef Chris Patrick is using his incredible talents to put a fresh perspective on the Dallas mainstay. **4511 McKinney Avenue, 214.559.3111, abacus-restaurant.com**

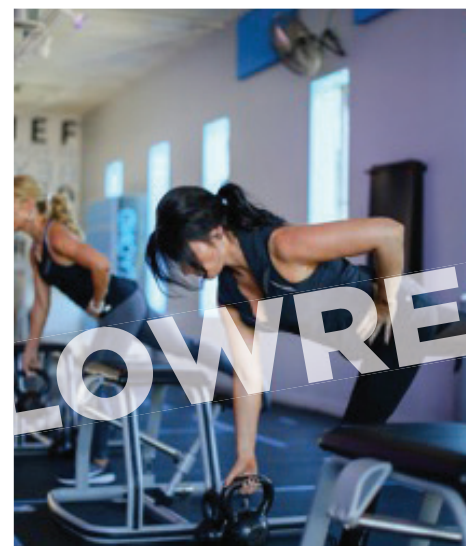


## Osgood O'Neil

Looking for a Fall Style Update? Come to Osgood O'Neil Salon to experience customized color, cut and style services. The stylists at Osgood O'Neil have 19 years of experience creating a concierge style, luxury salon experience. **3213 Knox Street, 214.373.6336, osgoodoneil.com**

## Beyond Pilates

Meet BEYOND500: Cardio Intensity Reformed. It's the newer, safer – but just as body-transforming – alternative to high-intensity interval training. The BEYOND PHIT (Pilates Hybrid Interval Training) Method combines three disciplines to create the most efficient and balanced workout system: Pilates-inspired smart movements, cardio intervals, and strength exercises. **2003 Henderson Avenue, 214.484.7819, thebeyondstudios.com**



## HealthWellnessMD

Intimacy reimaged. Non-invasive enhancement for him by GAINSWave and for her by Femilift. All in the privacy of our MedSpa. **4514 Cole Avenue, Suite 101, 469.777.4653, healthwellnessmd.com**



## Cafe Madrid

Celebrating 28 years as Dallas' original Spanish Restaurant and Tapas Bar! Join us for TAPAS, PAELLA, SANGRIA and an extensive all-Spanish wine list! Live music Mon-Thur. **214.528.1731, cafemadrid-dallas.com**



## Knox Heights Nail Spa

Great nails don't happen by chance, they happen by appointment. Go get pampered and polished at Dallas' leading luxury salon, Knox Heights Nail Spa. Soak in a warm spa infused with essential oils and aloe vera, while enjoying a deluxe manicure paired with a therapeutic hot stone massage. You'll thank us tomorrow. **4640 McKinney Avenue, Suite #180, 214.520.6330, info@khnailsa.com**